

Montville



Events

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Volume 2 • Quarter 1 • 2014



**Formerly the Montville
Community Booklet**

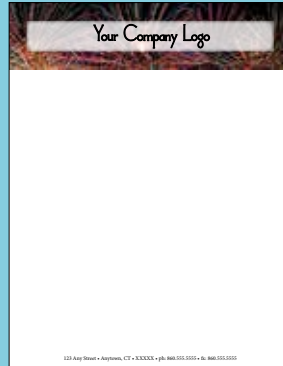
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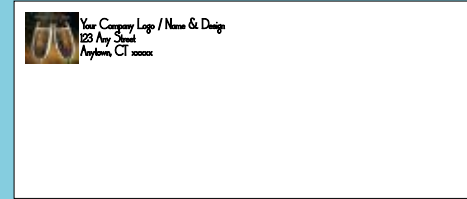
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Meet Natasha Lee



Events Magazines welcomes Montville resident Natasha Lee as Advertising and Marketing Representative. Natasha has years of experience in helping businesses promote themselves in magazines and the publishing business.

Events Magazines have been published for over a decade and a half throughout towns in Connecticut. **Montville Events** is one of the latest additions to the group of 14 magazines that some folks refer to as "our town bible."

Montville Events is published four times a year and contains the latest town news delivered to your door! Using the latest household numbers and post office boxes obtained from US Postal Service ensures that your friends and neighbors receive the latest edition and that there is measured and accurate delivery!

The news from Town Hall, the Senior Center, Parks and Rec and Youth Services, town events and schedules mean a longer shelf life. The 100% market penetration helps build your business brand awareness and sales.

To see how your business can benefit by becoming a **Montville Events** advertiser and reach over 18,400 readers every quarter, call Natasha today at **860-227-9190**. Let Natasha and her expertise give your advertising and marketing new direction and excitement!

Mayor's Corner

As we welcome 2014 it seems as though Montville is bustling with new businesses and tracking toward stronger economic stability. The Route 32 corridor has been buzzing with construction over the past year, and our hope is that this continues to be the case! Economic development is the key to economic recovery, and Montville has really progressed in this area lately. As long as we continue to work as a team, share ideas and goals, develop concrete and feasible action plans, we will be successful. Montville is fortunate to have its share of well-educated and skillful employees which helps immensely as the town strives

for excellence. The past two years as Mayor have been an adventure to say the least, but I am proud of all that has been accomplished in Montville. I look forward to the next two years working with town employees and the Town Council in continuing to grow and develop Montville, and make it a town we are all even more proud to live in. I hope you enjoy the magazine and find something interesting or fun within these pages for you, and/or your family, to be part of. Wishing you all a happy, healthy, and safe 2014.

*Ronald K. McDaniel, Mayor,
Town of Montville*



On the Cover...

Montville Mayor Ronald K. McDaniel, Montville Police Sgt. Mark Manley, Parks & Recreation Director Peter Bushway, Senior & Social Services Director Kathie Doherty-Peck, & Youth Services Director Barbara Lockhart pose with Montville youth & seniors in front of the Montville Public Safety Building.

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Senior and Social Services Department

Dear Residents,

Our Winter/Spring Montville Events Magazine is here and with it some new and exciting events and activities! I am thrilled to be able to offer even more services within both our Senior Services/Center and our Social Services Offices. I have received some great positive feedback regarding our magazine and I hope you will continue to find this addition just as valuable! I am always looking for new ideas and I am always adding to our services!

Sincerely,
Kathleen Doherty-Peck, Director

MONTVILLE SENIOR & SOCIAL SERVICES DEPARTMENT

Senior & Social Services Staff
Kathleen Doherty-Peck, Director
Robin Washington, Admin Asst. II
Ruth Massey-Abruzzo, Admin Asst III
Larry Antoniac, Bus Driver
Irene Taylor, Kitchen Server
Kathy Turner, MedRIDE I Driver
Tom Gingerella, MedRIDE I & II Driver
David Norman, MedRIDE II Driver

The Department of Senior & Social Services consists of two offices; the Social Services Office, designed to assist the general public and the Senior Services Office & Senior Center designed to assist the elderly population.

The Senior Center is located at 12 Maple Avenue, Uncasville and offers a wide range of services. Senior Services provides our elderly with information and assistance to relevant / pertinent issues. The primary function of the Senior Services Department is to provide assistance, services, referrals, and information to our elderly population and their families, as well as planning, administering, organizing, and supervising

all programs and services within the Center. We have a wonderful, extremely busy Senior Center with a great deal to offer our Montville seniors!

The Social Services Office is located in the Town Hall parking lot (behind old town hall, to the side / in front of new one). The Social Services building is separate from the Town Hall and affords our residents the privacy and confidentially deserved and needed to receive services and assistance with compassion in a comfortable setting. The primary function of the Social Services Office is to provide immediate assistance and crisis intervention for Montville residents. We have seen a tremendous increase in the amount of residents needing our services. All of our assistance programs have proved extremely beneficial during this difficult time. Our Social Services Building houses our Food Bank, Hygiene Bank, and seasonal Clothing Bank.

MONTVILLE COMMISSION ON AGING

Kathleen Doherty-Peck, Chairperson
Monica MacNeil, Vice-Chairperson
Patricia Antoniac, Member
Margaret Skinner, Member
Lou Ziegler, Member
Mary Adams, Member
Billy Caron, Town Council Liaison

SENIOR CITIZEN CLUB OFFICERS

Sandy Stauffer, President
Bob Bergdoll, Vice-President
Barbara Meagher, Asst. Vice-President
Helen Thomes, Secretary
Kathy Bietchowski, Treasurer
Ann Edwards, Asst. Treasurer
Trustees: Geri Buffington, Bob Bergdoll, Theresse Dunn

Social Services Programs

Office Hours: Monday - Friday, from 8:30 a.m. - 3:00 p.m.

NEW PROGRAMS

FREE INCOME TAX ASSISTANCE & BUDGETING PROGRAM VITA PROGRAM

Sponsored by TVCCA, the Montville Social Services Department will offer FREE Income Tax Assistance and Budgeting Program to our Montville Residents. Program will be offered at the end of January, beginning of February. Please call the office to sign up for this valuable service! Assistance will be given by appointment. Don't miss out, please call Robin @ 860-848-8820.

RECOVERY SERVICES

The Montville Senior & Social Services Department is partnering with SOUND COMMUNITY SERVICES to be able to offer recovery services and assistance to our residents in

need in the mental health community. Services are FREE and confidential. First Resource Workshop will be held on Friday, January 24th. Please sign up with Robin if you would like to attend this beneficial, FREE program. Call Kathie the Director @ 860-848-0422 for details.

EASTER BASKET

If you are in need of an Easter Basket for your child, please contact Robin in the Social Services Office. Please specify the age and gender of your child and/or children; we will do our best to help make Easter special for your family! Please sign up by Friday, April 11th - Baskets will be distributed the week of Monday April 14 - Thursday, April 17th.

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Social Services Programs ... continued from page 3



Community Garden

MONTVILLE SENIOR CENTER COMMUNITY GARDEN

The Montville Senior Center has a Community Garden at the Senior Center. The Senior Center Garden Committee and Director oversee the program. Garden beds are available for those in our community who would like to purchase and maintain a garden. The garden space will allow you a chance to do gardening and supplement your household grocery budget with healthy food. It will also be a chance to allow you to give back to the community. Gardens are available for \$10.00 per year and 1/4 harvest, which is to be donated to the Montville Social Services Office. If you have a green thumb, or even if you don't but would like to have fun in a garden of your own, call Kathie @ 860-848-0422 at the Center for details, rules and registration, and purchase your very own garden!

MONTVILLE SOCIAL SERVICES JOB BANK

If you are unemployed or underemployed, come and register with our Social Services Office for our "JOB BANK" program. This is a fairly new program and we are continually working on details to help our clients and contacting those in our community in need of employees. Call Robin @ 860-848-8820 for details.

ENERGY ASSISTANCE

The Senior & Social Services Offices are still accepting applications for Energy Assistance. Appointments for applications will begin on October 1, 2013, assistance to start on November 15, 2013. Program runs until March 15th, 2014. The Town of Montville Senior & Social Services Department has a partnership with various energy organizations and can take applications directly for each program. Please call for your appointment. All income/assets from current year are needed. Please do not miss out on these programs, call to see if you qualify and/or to make an appointment!

FOOD BANK

The Department of Senior & Social Services, @ 860-848-8820 has a fully stocked Food Pantry located in the Social Services Building open Monday - Friday from 8:30 - 3:00 p.m. or by appt. by calling Kathie the Director 860-848-0422. Canned goods, pasta, cereal, and rice along with frozen meats and breads (when available). You are welcome to come on a weekly basis

to supplement your food needs. We also provide emergency services. Come to the food bank, it is here to help you!

CLOTHING BANK

Do you need that power outfit for your job or a job interview? Or do you need clothes for every day wear? Come to the Montville Senior & Social Services Clothing Bank. We have a seasonally stocked clothing bank located in the Social Services Building. We have everything from men's, women's, and children's clothing to baby's clothes available. Walk-ins welcome Tuesday – Friday from 8:30 – 3:00 p.m. Let us help you!

HYGIENE BANK

The Department of Senior & Social Services has a hygiene bank available to help those in need. Soap, shampoo, toothpaste, toilet tissue are just a few of the items we have regularly in stock to help our needy individuals and families in town. Our Hygiene Bank is located in the Social Services Building - walk-ins are welcome.

APPLICATION & REFERRAL ASSISTANCE

The Department of Senior & Social Services offers application and/or referral assistance for many State and Federal & local Programs. Some applications can be confusing and intimidating. Let us help you. We can help you fill out the application. Gather info needed to accompany application. Many programs are available for our residents in need, call for an appt and let us help you. Any questions or for more information, please call for appointment. 860-848-8820.

Senior Center / Services

Do you know what your Senior Center has to offer? Did you know we offer many Social Services for seniors to help with the needs of our elderly along with many, many programs and activities to keep them active and having fun? If there is a program or service you do not see offered, please contact me, Kathie Doherty-Peck, your Director, at 860-848-0422, I am always looking for new programs & services for our seniors!

HEALTH PROGRAMS

MedRIDES and MedRIDES II

The Town of Montville Department of Senior & Social Services offers MedRIDE, a FREE transportation for any/all medical appointments for our senior residents. Doctor appointments, hospital tests & screenings, therapy, pharmacies, dentists, etc. Any medical related appointment. Call Ruthie at 860-848-0422 for details and to schedule appointments This program is free for our Montville Seniors; a donation box is located on the van for contributions.



Continued on next page

This program is supported by the Town of Montville and the Eastern Connecticut Area Agency on Aging with Title III funds made available under the Older Americans Act. MedRIDES II is the same type of medical transportation program though it is a joint effort between the Town of Montville and the City of Norwich. Funds are provided by the State of Connecticut. Driver is located out of the Montville Senior Center. Appointments need to be made by calling the Norwich Senior Center at 860-889-5960.

HEALTH CLINIC

We offer a Health Clinic at the Senior Center on Tuesdays from 9:00 - 11:00 a.m. We have a visiting nurse come to the Center to perform blood pressure, blood sugar, and anemia screenings every week. All services at the Clinic are FREE - donation box is available for contributions. Call Kathie @ 860-848-0422 for details.

EQUIPMENT PROGRAM

The Department of Senior and Social Services has medical equipment (i.e. wheel chairs, walkers, shower seats, commodes, etc.) available for our Montville residents on a loan basis. The equipment can be borrowed for any length of time and returned whenever finished. FREE program, a release form must be signed. Call @ 860-848-0422 for details.

PODIATRIST

We have a wonderful Podiatrist, Dr. Thomas Walter, come to our Center once a month on Wednesday to perform routine foot care. Not a service normally covered by Medicare unless you are a Diabetic, Dr. Walter will perform routine foot care for a cost less than a regular office visit. This Program is free to Montville seniors. Funding for the program is provided by Title III funds made available through the Area Agency on Aging and the Town of Montville. Call Kathie for details and date of next visit.

MASSAGE THERAPY

Massage Therapy offers many health benefits (relief from arthritis, circulation, aids in digestion, etc.) Appts are free to Montville seniors. Sign up is first come, first serve - one appt per month per senior as the schedule fills up and we have a waiting list each month. Don't miss out on this wonderful program. Call to sign up.

GAP PROGRAM

The Montville Commission on Aging is proud to offer the Montville Guardian Angel Protection Program (GAP). The program is free for Montville seniors and disabled residents. The GAP Program is a daily reassurance telephone "call" program which can call participants at their designated date/time to detect if the person is "okay." Call for details and/or to sign up for this very beneficial program. You can sign up at the Senior Center 860-848-0422 or Fire Marshal's Office 860-848-3030 x 381.

CHICKEN SOUP PROGRAM

The Montville Commission on Aging is offering a FREE Program. The Chicken Soup Program is a "feel good" program designed to make a home-bound senior feel good and know that someone cares! If you are temporarily or permanently home-bound, or

you know a Montville Senior that is, you may sign up for this program. One of our registered volunteers will come for a visit and bring a little "gift" to help brighten your day! Please call for details and/or to sign yourself or someone you know up for this wonderful program!

ALZHEIMER'S SUPPORT GROUP

We have an Alzheimer's support group here at the Senior Center on the first Friday of every month at 10:00 a.m. Come get the support you need, you do not have to handle issues alone! Confidential.

HOSPICE SUPPORT GROUP

We have a volunteer from the Hospice Association that comes to facilitate a Hospice support group and activities. Please call the Center for next date and time. Confidential.

HEARING CLINIC

We have a free hearing clinic on the second Thursday of the month (by appointment). Free hearing screening, hearing aid cleaning and screening and minimal ear wax removal. Call for details and/or to sign up!

ENHANCED BENEFIT PROGRAM

Offered every second and fourth Wednesday of the month at the Center, by appointment from 9:00-12:00 noon. The Enhanced Benefit Program is a program our social worker uses to see what/all of the state/federal programs you might qualify for. Information on your current income is needed. This is done with confidentiality and privacy for you! Our social worker is funded by grant funds made available by Senior Resources with Title III funds.

APPLICATION ASSISTANCE

There are many programs and services available to our elderly population. Some are local, some State, and some Federal. Many times the applications for these programs and/or services can be quite lengthy and challenging for our seniors. If you need help in filling out these applications or you have questions on what service is available for you, please call Kathie at the Senior Center to make an appointment. Let's sit down and go over help, services & programs that might be available to you.

**EXERCISE PROGRAMS
NEW EVENING PROGRAM**

ZUMBA

Starting February 5th
6:00-7:00 pm

Are you a senior who is still working during the day or have other obligations but would like to benefit from some of the wonderful programs we have to offer at our Montville Senior Center? Well now is your chance! We will be offering our ZUMBA class in the evenings beginning in February for any of our Montville Seniors interested in participating.



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Events

MAGAZINES



Montville Events

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dba Essex Printing & Events Magazines

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Social Services Programs ... continued from page 5

Must sign up in front office prior to the program during regular office hours: Monday-Friday 8:00-4:30. Classes are FREE to Montville Seniors. Must be 60+ to participate. Registration and waivers must be signed before participating. Please wear comfortable clothing.

AEROBICS & MORE

Mondays from 9:00 – 10:00 am

Classes are on-going, you can join at any time! Come get or stay in shape and healthy! Aerobics is a great form of exercise to help with heart health, weight control, and so much more. Classes are free, wear comfortable clothing and sneakers, and have some fun! Classes will begin on Monday, January 9th.

STRENGTH TRAINING

Every Wednesday from 2:30 – 3:30 pm

Strength training increases muscle mass and also strengthens your bones, helps with weight management, provides relief from arthritis pain, lowers risk of injury, and improves cardiac health. You will be safely guided, by an ACE certified personal trainer, through a variety of exercise designed to increase muscular strength, range of motion, and flexibility required for everyday living at its best. No need to sign up; just wear comfortable clothing and sneakers and come on down and take charge of your health.

HEALTHY STRETCH

Every Thursday from 3:00 – 4:00 pm

“As we age, our muscles become shorter and lose their elasticity. Aging can affect the structure of our bones and muscles causing pain and decreased range of motion in the shoulders, spine, and hips. Stretching is an excellent way to help relieve pain, increase flexibility, and increase range of motion to enhance our everyday life. Class is for anyone seeking to achieve the many benefits of stretching. Please wear comfortable clothing and sneakers to participate in class.

ZUMBA GOLD

Classes every Tuesday from 1:00 – 1:45. No need to sign up – just wear comfortable clothing and sneakers and have some fun! Come and join us for a new exercise program – ZUMBA GOLD – specifically designed for senior citizens. Zumba Gold is the lower impact, easy-to-follow, Latin-inspired dance fitness class that will help keep you healthy while having lots of fun!

BALLROOM DANCING

We offer a Ballroom Dancing Class on Wednesdays from 1:15 – 2:15. Classes are once again FREE to our Montville Seniors. Classes run for 8-week sessions. If interested, please call or sign up in the front office. Look for some of our other Dance Classes to be starting soon!

Continued on next page

CARDIO EXERCISE

We have Cardio Exercise classes, which are geared toward the senior population, twice a week at the senior center. Classes are free. Wear loose and comfortable clothing and sneakers. Monday and Friday classes are at 9:00 a.m. Don't be afraid to join and take charge of your health! Go at your own pace! Classes are on-going.

TAI CHI

We have Tai Chi classes at the Senior Center on Tuesdays at 12:30. Tai Chi is a slow paced, low impact martial art exercise. Classes run for 10-week sessions. You can join within the first few weeks of a session. Classes are free.

YOGA

One of our most popular classes! YOGA Classes are every Tuesday from 9:15 – 10:15 a.m. Classes are Free. Wear comfortable clothing, sneakers or socks are permitted. Classes are designed for seniors. Don't forget – take charge of your health!

LINE & COUNTRY DANCING

Come to the Center and have some fun! Line & Country Dancing taught on Monday's from 3:00 – 4:00 p.m. and Thursday mornings from 9:30 – 11:00 a.m. Get some great exercise while having fun dancing!

DINNER & A MOVIE

Once a month on a Tuesday, we offer Dinner & A Movie at the Center. Great way to spend a Tuesday, 3:00 – 5:00 p.m. Socialize with friends, have a great meal and enjoy a movie. \$5.00 donation request. Free door prize as well! Call for details @ 860-848-0422 and come and have some fun.

BUCK-A-BOWL LUNCHEON

This program is a huge success. You get a delicious lunch, great company and all for a \$1.00 donation request. This lunch program is very popular! Sponsored by the Montville Senior Center, we offer a luncheon special Monday - Friday. Soups, stews, pasta, salad, sandwiches, and more. No need to sign up. Lunch is 11:00- 12:15 or while supplies last. Come have lunch with us! The Montville Senior Center is Food Safety Certified and Licensed by Uncas Health District.

PAINTING CLASSES

We offer three painting classes at the Senior Center. Mondays from 10:00 – 12:00 noon and Thursdays, two sessions: 10:00 – 12:00 noon and 12:30 – 2:30 p.m. Even if you have never picked up a paintbrush before – come on down. Come and get your name on the list, classes fill up fast, limited to eight people per class. You will love to learn, and learn to love painting.

DRAWING CLASSES

Drawing classes are offered at the Center on Wednesdays. Two sessions to choose from: 10:00 – 12:00 noon or 1:00 – 3:00 p.m. Come and learn techniques and develop your skills. Our Art classes are a great deal of fun. No experience necessary.



Painting Classes

COMPUTER CLASSES

Classes are offered on Mondays: 9:00 – 10:00 and 11:00 – 12:00, Tuesdays: 1:00 – 2:00 p.m. Classes run for four-week sessions, though you are welcome to join at any time. Class topics change every four weeks. We have offered Beginners, Word, Excel, Internet, Photo, Free Forum, etc. Contact Kathie if there is a specific program you are interested in. The Computer room is open and available at all other times and days that our Center is open for senior residents to come in, utilize and enjoy!

CREATIVE WRITING CLASSES

We offer Creative Writing Classes which run on 8 week sessions. They are once a week at the Center on Tuesdays at 10:30 – 11:30 a.m. You can join at the beginning of each session. Classes are very enjoyable.

CHORUS

The Montville Senior Center offers two (2) different CHORUS programs. You are welcome to join both!
 (1) One Chorus Program is offered every Wednesday from 9:30 – 11:00 am at the Senior Center.
 (2) Another Chorus Program is offered every Friday at 10:00 am (with the exception of meeting days) at the Center.

Come and join a Senior Chorus if you like to sing! ALL are welcome! Don't think you have the best singing voice? No matter, it's all for fun and enjoyment. Come join a great group of people – no experience necessary!

CRAFTS

We have Crafts at the Senior Center on Mondays from 1:00 – 4:00 pm and Tuesdays from 12:30 – 2:00 pm. Come and learn new arts and skills or just come and have some fun with a great group of people. Materials provided by the many donations we receive. We have a great bunch of seniors in our Arts & Crafts programs!

HAIR CUTS

We have a licensed/insured professional hair stylist come to the Center every Thursday morning (by appointment) Very inexpensive and easy access to the Center. Call for details and/or to sign up for Thurs. appts.

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Social Services Programs ... continued from page 7



Annual Saint Patrick's Day Dinner at the Center

TRIPS

Our trip committee is meeting in January to schedule of 2014 trips, please watch our Monthly Newsletter for details!

SPECIAL EVENTS

ANNUAL VALENTINES DAY LUNCH AT THE CENTER

Friday, February 14th - Come and join us for our annual Valentines Day Lunch with the kids from Tyl Middle School. Lunch, Music, Dancing & Fun! Must sign up if you plan to attend.

ANNUAL SAINT PATRICK'S DAY DINNER

At the Center on Friday, March 14th at 2:00 pm. Please join us for your first Saint Patrick's Day Meal of the Season with friends at the Center. Corned Beef & Cabbage, wonderful music and more. Always a wonderful festive event...come and join us.

MONTVILLE SENIOR CLUB NEWS

CLUB MEETINGS

The Montville Senior Citizens Club meets the first Friday of the month from 10:00 – 11:00 a.m. (unless holiday, meeting will be on following Friday) Goodies & coffee offered. Speakers and entertainment at most meetings. Club business to follow speakers. Come on down members!

CLUB DUES

Your 2014 Senior Club dues are due every January. Club membership is for seniors 60+. Membership includes Club meetings and annual events throughout the year. Your dues also help fund the Senior Center with supplies (i.e. paper goods, cable television, newspapers, etc.) So come and join the Senior Club (Membership not required to come to the Senior Center!)

SPECIAL BINGO

Sponsored by the Senior Club

12:30 – 2:30 pm - First Friday of each month

Cost: \$5.00 donation

Come and have some fun with the always popular Special BINGO. Snacks and beverages provided and lots of fun with some great people! Come on down for BINGO... the more, the merrier!

SENIOR CLUB SPONSORED EXTRA SPECIAL BINGO

Once-a-month on a Tuesday - 3:00 – 5:00 PM

Cost: \$5.00 donation

The Montville Senior Club is once again sponsoring and EXTRA SPECIAL \$5.00 BINGO this month! Have goodies & coffee, and a chance to win at BINGO while enjoying the company of your friends! Bus is available.

Prescription Drug Discount Program

The Montville Implemented Free Prescription Drug Discount Program is offered by the Connecticut Conference of Municipalities for residents of its member towns and cities.

The Town of Montville through its association with the Connecticut Conference of Municipalities (CCM), the state-wide association of towns and cities, is now providing a new prescription discount card that will provide uninsured and underinsured residents steep savings on prescription medicines.

Montville is a member of CCM and this new program is only available to CCM member-communities. This prescription discount card will provide immediate fiscal relief at the pharmacy counter for uninsured and underinsured residents and offers the following features and benefits:

- Anyone can participate regardless of age or income;
- All prescription medications are covered including pet prescriptions that can be filled at a pharmacy;

- There is no cost to the municipality or to participating residents;

- Cost savings average 45%;

- There are over 63,000 participating pharmacies nationwide, including CVS, Rite-Aid, Walgreens, Wal-Mart, Stop and Shop, and Big Y, and many independent pharmacies;

- Discounts are also offered on other medical services including vision, hearing and Lasik services.

Cards are available in Town Hall, at local pharmacies or by visiting www.CTRxDiscountCard.com, and selecting Montville from the drop-down menu. Cards may be used by all town residents regardless of age, income or existing health coverage. There are no enrollment forms, membership fees, restrictions or limits on frequency of use for residents. Cardholders and their family members are encouraged to use the cards any time their prescriptions are not covered by insurance.

Parks and Recreation - Letter from the Director

This issue of our magazine covers the months from February through April. We are now producing a magazine four times a year in conjunction with the Youth Services Bureau and Senior and Social Services as the main contributors. You may notice other departments have articles of interest at different times of the year.

Occasionally, we will offer programs that are not listed in this magazine when information for that program is not known at the printing deadline. As always the most up to date information can be found on our website. Information regarding Summer Day Camp will be out in our next magazine due out the week of April 14th.

Information about other spring activities such as Little League and Lacrosse have their contact websites on our information page so you may contact them directly. They each have websites you can visit to find information about registering and becoming involved.

Online registration for programs has become quite convenient for people to get involved with programs or who cannot get here during the day. Just log onto the Town's website at www.townofmontville.org and click on departments, then Parks and Recreation, and then click on the WebTrac icon. This will bring you to our program registration page where you can safely and securely register for programs with a debit or credit card. The system is in real time so there is no delay. A receipt is ready for you immediately. It will be a great time saver.

Be sure to check out the Community Bulletin Board in this magazine to see what special events and happenings are going on. We will be once again hosting the very successful Easter Egg Hunt. Details of this event are listed in the Community Bulletin Board within this magazine. Enjoy the season.

Pete Bushway
Director, Parks and Recreation

Parks and Recreation - Information

Montville Parks & Recreation Department
310 Norwich - New London Tpke.
Uncasville, CT 06382
(860) 848-3030 Fax: (860) 848-8703

REGISTRATION INFORMATION - Register for all Parks & Recreation programs at our office located at the above address. Office hours are 8:00 am – 4:30 pm. Payment is due upon registration. Checks can be made payable to Montville Parks & Recreation. Register in person, online or by mail; receipts will be mailed promptly. Program and registration information can be located on the town's website at www.townofmontville.org. Simply go to Departments & Services then to "Parks & Recreation" then to the WebTrac icon for all program information. Don't forget you can register online.

REFUNDS - Full refunds will be given for any program canceled by the Recreation Department. Participants withdrawing from a program are entitled to a one hundred percent (100%) refund if canceled prior to the first meeting of each program. A refund of fifty percent (50%) of the program fee will be given after the first meeting of the program. The Parks & Recreation Director, at his discretion may arrange for other refund options on a case-by-case basis.

OVER/UNDER ENROLLMENT POLICY - Programs have a minimum and maximum enrollment. If the class does not reach the minimum size required, the class will be canceled. A waiting list may be established for fully enrolled programs. One week prior to the start of a class is when it is determined whether to cancel a class or not. Don't wait until the last minute to register.

***Disclaimer** – All program dates and times are subject to change due to instructors and Parks & Recreation schedule.

Photo Policy - Any photograph taken of any participants of the Montville Parks & Recreation Department programs or activities may be used for publication or advertising materials such as brochures and flyers. Any participant not wishing to have a photograph of them used must submit in writing not to be photographed at the time of registration.

DEPARTMENT STAFF

Recreation Director – Peter Bushway Ext. 321
Administrative Assistant - Carol Higham Ext. 322

PARKS & RECREATION COMMISSION MEMBERS

Eileen Cicchese – Chair
Scott LaVallie – Vice Chair
Nancy delaCruz - Secretary
Joseph Berardy – Member
Karen Perkins - Member
Kerri Lawton - Member
Gilbert Maffeo – Member
Rick Geiler – Member
Kristin Ventresca- Member
Laura Tanner – Commission Liaison

The Parks & Recreation Commission meets the 3rd Wednesday of each month at 6:30 pm in Council Chambers at the Montville Town Hall. Notification will be posted if there is a change in meeting location or time. All meetings are open to the public.

OTHER PROGRAM OPPORTUNITIES:

Little League - www.montvilleamerican.org
Mont. Babe Ruth - M. McGrath - gooster12@aol.com
Youth Football montvillefootball.com
Cheerleading - Kathy Calash - montvillefootball.com
Montville Youth Soccer - www.montvillesoccer.org

Continued on page 10

Parks and Recreation Information ... Continued from page 9

Montville Youth Wrestling - on facebook @Tomahawk
 Youth Wrestling
 Montville Youth Lacrosse - montvillelacrosse.org

CAMP OAKDALE PAVILIONS AND FAIR OAKS RENTALS
 Have your next get together at one of our facilities. These

are great places to hold your event. Contact our office for availability and fees.

WEATHER CANCELLATIONS

In case of inclement weather, cancellations will be aired on Channel 8, Channel 3, several local radio stations, also on our facebook page. You can also call the office at (860) 848-3030 Ext. 321 and 322 during office hours.

Parks & Recreation Programs

ADULT VOLLEYBALL - FREE DROP-IN PROGRAM

The Montville Recreation Department will offer a Volleyball Program for men and women ages 16 and up. This is for all skill levels. The program is free of charge and runs on Wednesday evenings from 6 to 8 pm at the Tyl Middle School in Oakdale. This program will run through the end of March at Tyl Middle School Gym (come ready to play). Anyone wishing to play must fill out a registration form and sign a waiver liability release form. For more information, please contact the Recreation Office.
 Dates: November 13th thru March 26th
 Program #363311A

Date: Mar. 4th to Apr. 8th
 Time: 9:00 am to 9:45 am
 Program: #114041C

MODERATE LEVEL HATHA YOGA

This class includes postures to increase flexibility, strength and vitality. Breathing practices to still the mind, improve concentration and reduce stress, and deep relaxation to restore balance and rejuvenate. The hour and fifteen-minute class will include a short meditation at the end. Please be sure to bring a comfortable pad, mat or towel for use on the floor. Minimum of 10 participants needed.
 Instructor: Rosemary Gentile
 Fee: \$90/Resident \$100/Non-Resident
 Class: Wednesdays (6-7 Weeks)
 Location: Murphy Elementary School Cafeteria
 Time: 5:30pm – 6:45pm
 Program #143021E
 March 5th
 No class on 3/19, 4/16, 4/23

GYMNASTICS

18 Months – 3 Yrs - Program specifically designed for parent/child interaction. Explore a wide range of special motor skills with a clear emphasis on movement, music and balance.*
Ages Four – Six - Child must be able to follow basic instructions such as standing in line. Designed to refine motor skills, learn the basics, develop better coordination and socialization skills.*
Beginners - Recreational beginner program for young gymnast with a desire to learn gymnastics, the objective is specifically to improve tumbling, strength, increase flexibility, skill development and build self-esteem. Ages 5 years & up.*
Advanced/Intermediate - Program for intermediate gymnast with a desire to learn gymnastics, the objective is specifically to improve tumbling, strength, increase flexibility, skill development and build self-esteem. Must be able to do a bridge kick over and pull over on bars. Progression from Beginners program. Ages 5 years & up.*

*All programs are run by ABC's Gymnastics Stars staff. Staff members are all USA Gymnastic Certified. Fee for Residents is \$55 and Non-Residents \$65 Minimum of five required for each class

EARLY CHILDHOOD MUSIC CLASS

Children ages birth to 5 years old. Early childhood music classes will provide a meaningful musical experiences for children and families. Babies, toddlers and pre-schoolers will participate in musical experiences that involve singing, expressive movement, games, creative play, vocal exploration, and instrumental play. A great variety of musical styles and genres will be the basis for the classes. Caregivers will be an integral part of each class and will learn how they can incorporate music into their daily routines with children. Early childhood music classes can develop and foster children's musical literacy and a life-long love for music. Musical learning also facilitates a child's development in the area of language, motor, cognitive and social skills.
 Minimum of 5 children needed / Maximum of 12 children
 Instructor: Nicole Clarke
 Fee: \$50/Residents \$60 Non-Residents
 Class: Tuesdays (6 weeks)
 Location: Fair Oaks Community Center

Schedule as Follows:

Start/End Date Session & Time Program #
 Thursday 2/6/14 –3/27/14

18 Months – 3 Yrs	3:50 – 4:20 PM	#112102A
Ages Four – Six	4:20 – 5:00PM	#112102B
Beginners	5:00 – 6:00 PM	#112102C
18 Months – 3 Yrs	6:00 – 6:30 PM	#112102D
Advanced/Interm	6:30 – 7:30 PM	#112102E

Thursday 4/3/14 – 5/29/14
 No class April 17

18 Months – 3 Yrs	3:50 – 4:20 PM	#112102K
Ages Four – Six	4:20 – 5:00PM	#112102L
Beginners	5:00 – 6:00 PM	#112102M
18 Months – 3 Yrs	6:00 – 6:30 PM	#112102N
Advanced/Interm	6:30 – 7:30 PM	#112102O

NEW LONDON COUNTY JUDO

For ages five through adult.

This program continues to be a favorite. Sessions run in ten-week increments throughout the year.

Program Fee: \$30/Residents & \$35/Non-Residents

SCHEDULE AS FOLLOWS:

MONDAY

2/10/14 – 4/28/14 Beg Ages 9 and under

Two times to choose from:

4:30 – 5:30 PM Program #171051O

6 - 7 PM Program #171051P

No class 4/14

TUESDAY

2/25/14 – 5/6/14 Beg Ages 10 to Adult

6 – 7:30 PM Program #171051Q

No class 4/15

WEDNESDAY

2/26/14 – 5/7/14 Inter Ages 10 to Adult

6 – 7:30 PM Program #171051R

No class 4/16

FRIDAY

2/14/14 – 4/24/14 Inter Ages 9 and under

6 – 7 PM Program # 171051S

Friday

9/20/13 – 11/22/13 Advanced

9 to Adult

7-8:00 PM Program # 171051T

Adult only

7-8:30 PM Program #171051U

No class 4/18

DANCE

Instructor Lana Davison

Dance class for ages three and up. This program introduces instruction to students in their dance experience. Fundamentals and terminology of dance are learned leading to a future recital dance performance in June. The program session runs for eight weeks.

All classes will be held at the Fair Oaks Community Center located at 836 Old Colchester Road, Oakdale.

Level 1 classes are for children 5 and in Kindergarten and up. Dance level is beginner to 2 years of dance in that dance subject.

Level 2 classes are for children 8 years and up with the minimum 2 years of dance in subject level. Classes are continuous learning from Level 1 and at a faster pace than Level 1 classes.

Miss Lana reserves the right to move children to another level based upon skill and experience.

Clothing and shoes for classes are as follows:

3 year olds wear pink ballet slippers, any leotard of choice or flexible clothing. No dresses or jeans.

4 year olds wear black tap shoes and pink ballet slippers. Please have bag for dancer for children to change shoes during class. Leotard of choice, flexible clothing. No dresses or jeans.

Ballet classes will wear pink ballet slippers, leotards of choice and tights. Ballet skirts are permitted; no outside clothing.

Jazz/Hip Hop students wear black jazz shoes or black ballet slippers, leotard of choice or flexible clothing.

Level 1 Tap wears black tap shoes, leotard of choice, or any flexible clothing.

Level 2 Tap wears black tap shoes with soundboards. Must buy these from a dance supplier. Mary Jane or tie up may be worn. Leotard of choice or flexible clothing.



Tap shoes can be found at Allaboutdance.com or discountdance.com Again there are local stores in area that sell shoes and leotards.

Continued on page 12

**WANT
TO
ADVERTISE?**

~ ~ ~

**Call Natasha Lee
860-227-9190**

**THE
GAUTHIER LAW
OFFICE**

ESTATE PLANNING
NURSING HOME ASSET PROTECTION
REAL ESTATE
ELDER LAW

Attorney Chris Gauthier
860-373-7703

1060 Norwich - New London Tpke
Uncasville, CT 06382
thegauthierlawoffice.com
thegauthierlawoffice@gmail.com

Free Consultation

Parks and Recreation Programs ... Continued from page 11

**Session 1
SATURDAY CLASSES**

Minimum of Six per Class / Maximum of Twelve per Class
Sessions will run from Saturday, January 25th thru March 15th

Fee:

Residents \$40.00

Non-Residents \$45.00

Registration opens Monday, December 30th

Program #112021A	3 yr old Intro to Ballet	9:30 AM – 10:15 AM
Program #112021B	4Yrs Old Combo Class Tap/Ballet	10:15 AM – 11:00 AM
Program #112021C	Level 1 5 yr and up Tap	11:00 AM – 11:45 AM
Program #112021D	Level 1 5 yr and up Jazz/Hip Hop	11:45 AM – 12:30 PM
Program #112021E	Level 1 5 yr and up Ballet	12:30 PM – 1:15 PM
Program #112021F	Level 2 8 yr and up Tap	1:15 PM – 2:00 PM

MONDAY CLASSES

Minimum of Six per Class / Maximum of Twelve per Class
Sessions will run from Mondays, January 20th thru March 10th

Fee:

Residents \$40.00

Non-Residents \$45.00

Registration opens Monday, December 30th

Program #112022A	Ages 7 & Up Level 1 & 2 Jazz/Hip Hop	5:00 PM – 5:45 PM
Program #112022B	Level 1 5 yr and up Ballet	5:45 PM – 6:30 PM
Program #112023A	Adult Tap Class Minimum of six needed	6:30 PM – 7:15 PM

**Session 2
SATURDAY CLASSES**

Sessions will run from Saturday, March 22nd thru May 10th

Fee:

Residents \$40.00

Non-Residents \$45.00

Registration opens Monday, February 24th

Program #112021F	3 yr old Intro to Ballet	9:30 AM -10:15 AM
Program #112021G	4Yrs Old Combo Class Tap/Ballet	10:15 AM – 11:00 AM
Program #112021H	Level 1 5 yr and up Tap	11:00 AM – 11:45 AM
Program #112021I	Level 1 5 yr and up Jazz/Hip Hop	11:45 AM – 12:30 PM
Program #112021J	Level 1 5 yr and up Ballet	12:30 PM – 1:15 PM
Program #112021K	Level 2 8 yr and up Tap	1:15 PM – 2:00 PM

MONDAY CLASSES

Minimum of Six per Class

Maximum of Twelve per Class

Sessions will run from

Mondays, March 17th thru May 5th

Fee:

Residents \$40.00

Non-Residents \$45.00

Registration opens Monday, February 24th

Program #112022C	Ages 7 & Up Level 1 & 2 Jazz/Hip Hop	5:00 PM – 5:45 PM
Program #112022D	Level 1 5 yrs and up Ballet	5:45 PM – 6:30 PM
Program #112023B	Adult Tap Class Minimum of six needed	6:30 PM – 7:15 PM

GOLF LESSONS

Open to resident/non-resident Youth and Adults ages 8 to adult. Five one-hour lessons will include all facets of the game, including basic rules and etiquette. Covers grip stance, posture, backswing, follow thru, sand shots, downswing, chipping and putting. Lessons will also cover information regarding equipment. Clubs required are 3-Wood, 7-Iron, Pitching Wedge and Putter. Equipment will be made available if needed.

Lessons will be held Great Brook Golf Center, Route 184 Groton Instructor: Chris Hedden

Each person buys a small basket of golf balls for each lesson. A small bucket costs \$7

Fees: Residents - \$110/ Non –Residents - \$120

Schedule as Follows:

Adult	April 14 to May 12	Monday 11AM –12PM	Program #171023A
Adult	April 3 to May 1	Thursday 5PM –6PM	Program #171023B
Adult	April 14 to May 12	Monday 6PM-7PM	Program #171023C
Adult	May 1 to May 29	Thursday 6PM-7PM	Program #171023D
Women Only	May 1 to May 29	Thursday 10AM-11AM	Program #171023E
Women Only	May 6 to June 3	Tuesday 6PM-7PM	Program #171023F
Youth	April 12 to May 10	Saturday 11AM – 12PM	Program #171023G
Youth	April 13 to May 11	Sunday 11AM – 12PM	Program #171023H

TRADITIONAL SHOTOKAN KARATE-DO

This class explores the fundamental principles of traditional Japanese Karate. Character development for all students will be stressed. Respect for self and other is at the heart of all training. Control is a focal point for all decisions made, both physically and mentally. Students will learn strong stances, good posture and correct form of basic techniques according to the Japan Karate Association. Students will develop balance, coordination, speed, focus and control through spirited training of blocks, punches, kicks and strikes.

Continued on next page

Instructor: Andrew Bakoledis, 4th degree black belt.
 Additional Instructors: John Listorti & Abby Barrera, 3rd degree black belts. All classes held at JKA Montville, LLC located at 1242 Old Colchester Rd – Oakdale Pizza Plaza
 Fee: Monday Beginner Class Only:
 Resident/\$40, Non-Resident/\$45
 Beginner Ages 4-5 begin January 28th
 All Other Classes: Resident/\$60 Non-Resident/\$65

Classes begin week of March 23th
 Beginner Ages 4-5 begin March 31st
 No Classes April 14-17th or May 26th
 Deadline for registration is Apr. 7th

Classes begin week of January 21st
 Deadline for registration is January 31st
 No Classes February 17th or 18th

Program #	MON	TUES	THURS	MIN/MAX
#111061I Beg Ages 4-5	5:00- 5:30 pm			4/8
#111061J Beg Ages 5-9		6:00 – 7:00pm	4:00 – 5:00pm	4/12
#111061K Beg Ages 10 & up		6:00 – 7:00pm	6:00 – 7:00pm	4/20
#111061L Inter. 6-12		5:00- 6:00 pm	5:00- 6:00 pm	4/20
#111061M Inter. 10 & up	5:30- 6:30 pm		6:00- 7:00pm	4/20

Program #	MON	TUES	THURS	MIN/MAX
#111061N Beg Ages 4-5	5:00- 5:30 pm			4/8
#111061O Beg Ages 5-9		6:00 – 7:00pm	4:00 – 5:00pm	4/12
#111061P Beg Ages 10 & up		6:00 – 7:00pm	6:00 – 7:00pm	4/20
#111061Q Inter. 6-12		5:00- 6:00 pm	5:00- 6:00 pm	4/20
#111061R Inter. 10 & up	5:30- 6:30 pm		6:00- 7:00pm	4/20

Belt test and tournaments also through JKA Montville, LLC
 Students will test for belt rank at end of each session. Students may also elect to participate at special training seminars and/or compete at special periodic events during session for an additional cost. Visit www.jkamontville.com for additional information.

Other Programs Available...

- Little League - www.montvilleamerican.org
- Mont. Babe Ruth – M. McGrath - gooster12@aol.com
- Youth Football - montvillefootball.com
- Cheerleading - Kathy Calash - montvillefootball.com
- Montville Youth Soccer - www.montvillesoccer.org
- Montville Youth Wrestling - on facebook
 @Tomahawk Youth Wrestling
- Montville Youth Lacrosse - montvillelacrosse.org

Community Bulletin Board

Annual Easter Egg Hunt

For Ages up to 10 years old
 Saturday, April 19th at 1pm.
 Rain Date will be Sunday, April 20th at 3 pm.
 Location: Camp Oakdale Ball Fields on Meetinghouse Lane.

*The Easter Bunny will be there,
 and so should you!*

Flashlight Easter Egg Hunt

For ages 11 to 16 years old
 Saturday, April 19th at 8 PM
 Location: Camp Oakdale Ball Fields on Meetinghouse Lane.
 Bring your flashlight and something to collect your eggs in.
 Registration limited to the first 75 registered.
Registration begins April 1st, no fooling!
 Register by calling our office at
 860-848-3030 x 322 or 321



TDP Art Studio

Montville Youth Art Program

KIDS CREATE While YOU TAKE A BREAK!

Sundays: February 9th thru April 6th... 10am-12pm

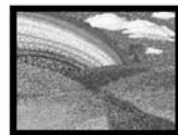
Location: Fair Oaks Comm. Cntr. 836 Old Colchester

Ages 4-99, \$20 each. NO SKILLS REQUIRED. Includes Small Canvas, ALL Art Supplies & Instruction!

RSVP Required! (Minimum of 6 to hold class.. If less, welcome to attend the class in New London). To RSVP, call 860-848-3030, Ext. 322 For New London Studio Information, Visit www.TheDrunkenPalette.com or call 860-326-7246

YOUTH SPRING SCHEDULE:

Feb 9th, 10am-12pm	Love Notes	#164052K
Feb 16th, 10am-12pm	Life Is Sweet	#164052L
Feb 23rd, 10am-12pm	Locket	#164052M
Mar 2nd, 10am-12pm	Jungle Monkey	#164052N
Mar 9th, 10am-12pm	Mini Monet	#164052O
Mar 16th, 10am-12pm	Crayon Dot Art	#164052P
Mar 23rd, 10am-12pm	Lucky Star	#164052Q
Mar 30th, 10am-12pm	Dot & Tod	#164052R
Apr 6th, 10am-12pm	My Two Peeps	#164052S



Montville ADULT Art Program (BYOB Optional)

Thursdays: February 13th thru April 10th... 7pm-9pm

Location: 259 State Street, New London CT 06320

(one block down from the Garde Theater)

Ages 17-99, \$35 each. NO SKILLS REQUIRED. 21+ if BYOB

Includes Large Canvas, Drinking Accessories, ALL Art Supplies & Instruction!

RSVP Required. To RSVP, call 860-848-3030 Ext. 322

For New London Studio Information, Visit www.TheDrunkenPalette.com or call 860-326-7246

Feb 13th, 7pm-9pm	Birds Of A Feather	#164051J
Feb 20th, 7pm-9pm	Paris Nights	#164051K
Feb 27th, 7pm-9pm	Out On A Limb	#164051L
Mar 6th, 7pm-9pm	London's Calling	#164051M
Mar 13th, 7pm-9pm	Waterlilies (Monet)	#164051N
Mar 20th, 7pm-9pm	Owl Love	#164051O
Mar 27th, 7pm-9pm	Sunset Lighthouse	#164051P
Apr 3rd, 7pm-9pm	Dusk (Monet)	#164051Q
Apr 10th, 7pm-9pm	Apple Blossom	#164051R

For More Information, contact Pete Bushway, 860-848-3030 ext.322 or email www.townofmontville.org



Montville Youth Service Bureau

Greetings from MYSB

Happy 2014 Montville! It is hard to believe that yet another year has passed us by. 2013 seemed to be gone in the blink of an eye, but maybe this is because we stay so busy here at MYSB! It does not appear that things will be slowing down any for this year either. No worries about "idle minds" here at the youth center, there is simply no time for that! As you will see as you flip through this magazine, Peter, Kathie, and I already have a packed 2014 schedule, and this means more things to do for Montville residents of all ages! Be sure to also keep up with "MYSB Happenings" on our website www.montvilleyouth.org

or "Like Us" on Facebook...access to special events, pictures, and more can be found both places, so check it out. We also love visitors, so feel free to pop in anytime and check out the Youth Center, but if you visit after school be prepared for an environment buzzing with kids from 9 to 17 yrs., nothing like a library! From myself and the entire staff at MYSB we wish you & yours a happy, safe, and healthy New Year, and may 2014 be sensational!

*Barbara A. Lockhart, M.S.
Director of Youth services*

President, Connecticut Youth Services Association

Youth Service Bureau Programs

"The Montville Youth Service Bureau is committed to addressing and meeting a variety of needs for the youth and families in the Montville Community. Our goal is to enrich the social, recreational, cultural, and educational experiences of youth, while providing opportunities for positive, social, educational, and emotional skills development. We will achieve this through positive program development, the implementation of support networks, regular needs assessments, appropriate prevention and intervention services, and coordinated planning and advocacy. Our philosophy is to make a world of difference by actively committing to make a difference in the world of the youth and families we serve."



MONTVILLE YOUTH SERVICE BUREAU
289 Route 32, Uncasville, CT 06382
Phone: (860) 848-7724 / Fax: (860)848-4058
www.montvilleyouth.org

STAFF

Barbara Lockhart, M.S., Director
Kimberly Grant B.A., Program Developer
Dianne Peltier, Admin. Assistant
Darin D'Ammadio, LCSW
Katie Bonanno & Alicia Dahmer, Program Assistants
Jon Hudon & Ryan Jennings, Center Assistants

MONTVILLE YOUTH ADVISORY BOARD

Daniel Dunn, Chairman
Leonard Bunnell
Robert Mitchell
Susan Rickards, Secretary
Allyson Schmeizl
Timothy Shanahan
Marilyn Williams
Kailah Walsh
Grace Carlos
Kathy Pollard, Town Council Liaison

AFTER SCHOOL PROGRAM

Grades: 4th -12th

Monday – Friday

After School until 6 pm

Open to Montville Residents

Registration Required.

*Due to the increased interest in our After School Program, we have a waiting list in place. The ASP is a fee based program. There will be a \$100 registration fee assessed each year your child is in the program. A \$25 non-refundable deposit is due at the time of registration in the program. The remainder of the balance is due 90 days from the original registration date. Parents with more than one child in the ASP will adhere to a tiered payment plan: 1st child- \$100, 2nd child- \$75, 3rd child-\$50, 4th child- \$25. (Parents who have a child/children placed on the waiting list will not be required to pay the ASP fee until a spot opens in the After School Program.) Montville ASP operates as a latch key prevention program for Montville students in grades 4 – 12. Students who attend the After School Program can choose between a wide variety of recreational and educational activities. Such Activities include: supervised homework help, computer access, outdoor recreational activities, pool, air hockey, video game systems and much more. The After School Program offers students with occasional trips and special activities throughout the year. Completed registration forms must be dropped off in person. All forms are available on our website www.montvilleyouth.org. Faxed copies of the forms will not be accepted.

Continued on page 16

Parks and Recreation ... Continued from page 15

If you would like more information you can stop down between the hours of 9:00 am and 2:30 p.m. Please contact us for more information. To inquire about placement on the waiting list, please dial ext. 112.

AFTER SCHOOL PROGRAM EVENTS



These events are open to registered participants of MYSB's After School Program only.

HEART HEALTHY WEEK

February 3rd-7th
MYSB will be providing the ASP with simple, healthy and YUMMY snacks! These snacks include, trail mix, smoothies, apples and chocolate, and English Muffin Pizzas!

WINTER OLYMPICS

February 10th-13th

In honor of the 2014 Winter Olympics, we will be hosting our 2nd Annual Winter Olympic Games! Sign ups are required.

VALENTINE'S DAY SOCIAL

Friday, February 14th

11TH ANNUAL MARCH MADNESS TOURNAMENT

March 10th-13th

Kids will compete in Pool, Foosball, Air Hockey, and Foul Shots. Sign-ups are required.

SHAMROCK SHAKES

Monday, March 17th

WAKE-A-THON

Tuesday, April 15th 6 pm to 6 am

Can you stay up all night? Video Games, Movies, Ice Cream Social and more! All participants must have three sponsors, all money raised will help benefit the 2014 Penny Drive.



MONTVILLE YOUTH ACTION COUNCIL – MYAC

Montville YAC's mission is to provide opportunities for Montville Youths, in grades 6th through 8th to develop and promote responsibility, leadership, interest in the community, empowerment and positive social development through active participation in the formation, coordination, and delivery of community service projects, as well as social and recreational activities. Joined by high school mentors and MYSB staff this offers students an opportunity to "give back". Montville YAC's past projects include a Police/Youth Memorial Bench Building Project, our Annual Penny Drive, which has raised money for Montville Social Services, Habitat for Humanity, Hurricane Katrina Relief and Heifer International. Toiletry Drives, Cell Phone Drives, Doggie Donation Drives, Blood Drives and much, much more. For more information about Montville YAC contact Kim.

2014 PENNY DRIVE



An apple a day may keep the doctor far and away...

But the pennies from this jar will provide hospitalized kids with an "apple" just for play!

Support MYSB's 8th Annual Penny Drive to benefit Lawrence & Memorial Hospital Pediatric Services.

All proceeds will be used to purchase Apple iPads for the hospitalized kids to use during their hospital stay. The Youth Action Council would like to raise enough money to purchase two iPads.

Remember, Every Penny Counts!

COUNSELING AND REFERRAL

Confidential, short-term counseling is available to Montville youth and families, on a family income adjusted fee scale. Our counselors focus on personal needs and concerns, and the dynamics of relationships between parents and children, siblings, and peers. In addition we offer information and support to parents, children, and all family members.

Continued on next page



We also offer referrals for families and individuals who may require other services we cannot provide. Contact Barbara for more information.



HIRE-A-TEEN

This job placement program matches youth with residents who need assistance with such tasks as yard work, housework, babysitting, mother's helper, elderly help, snow shoveling and pet sitting. Participating communities include: Bozrah, Chesterfield, Montville, New London, Norwich, Salem, Quaker Hill, and Waterford. Applications need to be filled out and returned in person by anyone interested in utilizing the services and any youth who are interested in being put in our Hire-A-Teen Program. For more information contact Dianne between the hours of 9 am and 2:30 pm.

PARENT-TODDLER PLAY GROUP

Birth to Five Years - Tuesdays and Fridays
Fair Oaks School / 10 AM to 11:30 AM

MYSB sponsors this Parent Toddler Play Group which takes place at Fair Oaks in Oakdale. The program meets during the school year only! Registration for the program is not required, just drop in and play! Please contact Youth Services for further program information.

SUMMER CENTER

Monday-Wednesday-Friday / 8:45 am to 5 pm

Registration is Monday, May 5th at 9am, no exceptions! Summer Center is open to all Montville Youth entering grades 7 and up. There are 25 spots available on a first come, first serve basis. Total cost- TBA; a \$75 non-refundable deposit is required at time of registration, includes 1 trip per week (with lunch). Scholarship spots are available. Summer Center Dates and trips will be announced April 14th.



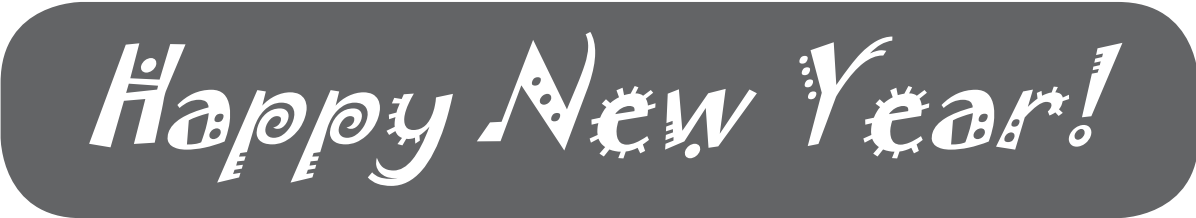
MYSB EVENTS

Pick Your Own Pasta Dinner
Sunday, April 27th
Mohegan Fire House 4pm to 7pm

MYSB UPDATES & INFO

www.montvilleyouth.org

Throughout the year, our website & Facebook page have information about all of our programs and activities, as well as up-to-date information about everything we do! Visit our website to download registration forms, flyers, and our monthly newsletter, The Youth Scoop. You can also view pictures from our activities, as well as contact the staff. MYSB regularly posts helpful information & resources for parents and youth!



Registration Form

Montville Parks & Recreation Department
310 Norwich - New London Tpke., Uncasville, CT 06382
Phone (860) 848-3030 Ext. 321, 322
Fax (860) 848-8703

First Name _____ MI _____ Last Name _____

Date of Birth _____ Male _____ Female _____ Email Address _____

Address _____ City _____ State _____ Zip Code _____

Home Phone _____ Cell Phone _____ Other _____

Program Name _____ Code # _____ Cost \$ _____

Time _____ Day (s) _____ *T-shirt Size (If Applicable) _____

Comments _____

Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement, In consideration of participating in the Montville Parks & Recreation Activities.

I, _____ represent _____
(Parent/Legal Guardian, Please Print) **(Participant Name)**

and understand the nature of the Activity and that I he/she am/is qualified, in good health and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe I will immediately discontinue participation in the Activity.

I fully understand that certain Activity involves risk of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost and damages I incur as a result of my participation in the Activity.

I hereby release, discharge and covenant not to sue the Town of Montville and its respective administrators, directors, agents, officers, volunteers, employees, other participants, any sponsors, advertisers, and if applicable owners and lessors of premises on which the Activity takes place (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability and assumption of risk I, or anyone on my behalf makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage or cost, which may incur as the result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Parent/Legal Guardian Signature _____ Date _____

Montville Parks & Recreation Department

Second Installment of Real Estate Tax

The second installment of Real Estate Tax is due by February 3, 2014. Bills were mailed out in July. You are still responsible for payment even if you did not receive a bill.

The Tax Office also accepts American Express, Discover, MasterCard or Visa credit cards, debit cards and electronic checks to make a payment. Credit card companies charge a convenience fee for using their

cards. The Town passes this fee on to the taxpayer, which is usually about 3% of the transaction amount. The charge for an electronic check is \$2.95.

Taxpayers can view and pay their bill online using a credit card or electronic check. This is a new feature added to the Town's website. It is located under the Tax Collector Department tab.

Theresa Hart, Finance Director

Library for the Blind & Physically Handicapped

The Library for the Blind and Physically Handicapped is a network library of the Library of Congress' National Library Service for the Blind and Physically Handicapped.

We lend books and magazines in recorded formats along with the necessary playback equipment, and materials in braille, for FREE, to any Connecticut adult or child who is unable to read regular print due to a visual or physical disability.

Hours: Mon-Fri: 9 am-3 pm Rocky Hill 860-721-2020 In-state: 1-800-842-4516

- www.ct.gov

USEFUL NUMBERS!

Montville Police Department
(Non-Emergency) (860) 848-7510

Raymond Hill Library
(860) 848-9943

Montville Public Works
(860) 848-7473

Montville Town Hall
(860) 848-3030
www.townofmontville.org

Montville Animal Control
(860) 848-3529

Transfer Station
(860) 848-0401

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Essex Printing & Events Magazines Supports goPINK Project & Middlesex Hospital



Left to Right: Suzanne Spires, Director of Advertising & Operations, Events Magazines; Kathleen Russo, Community Relations Middlesex Hospital; Sarah Moore, Director of Development Middlesex Hospital; Fred Holloran, Vice President Marketing & Business Development, Essex Printing; Georgi Marion EG Salon, Middletown; Ellie Gagnon EG Salon, Middletown.

During the month of October you saw a lot of pink. Pink shirts, pink hair, pink flowers, pink ribbons; all promoting breast cancer awareness and treatment. Essex Printing and Events Magazines teamed up with the Middlesex Hospital Comprehensive Breast Center and goPINK Project, a local collaboration among area beauty salons and other local businesses to increase awareness about breast cancer and to support patients in our community.

For every advertisement sold in Events Magazines during the month of October a donation was made to the Middlesex Hospital Comprehensive Breast Center. Essex Printing and Events Magazines are proud to have made a \$900 donation to fight breast cancer. Over \$26,600 was raised by the thirty-three participating companies this year and \$63,393 since the goPINK project's inception in 2010.



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